



# HARVEST OF HEALING

## *From Each Seed Grows Fruit of Love, Healing, and Grace*

Dear Friend,

What if I told you that hope grows the same way a garden does? One seed at a time.

Every harvest begins with a seed planted in darkness. Right now, someone near you carries decades of confusion and crippling anxiety—the kind that creates a constant ache in the pit of your stomach. A 9-year-old hasn't smiled in months, convinced she's broken. A father holds his pain so tightly inside that he can't even hug his own children. A student carries the secret of trauma, too afraid to speak.

**But here's the beautiful truth we've witnessed again and again: transformation is possible.**

Because of you, healing is happening. This year, your generosity through Love N Grace has sparked miracles that numbers could never capture. You've helped lift the weight of anxiety and ease physical pain. You've brought joy back to parents and reminded children they matter. You've stood beside people as they rebuild lives they're proud to live—Transforming "I'm broken" to "I'm healing," from "I'm alone" to "I'm seen." Every step forward has your fingerprints on it.

## *Stories from this Year's Harvest*



### **When a Robot Learned to Hug**

When one person decides that it ends with them. Kayla's...



### **The Girl Who Found Her Voice**

A girl who'd been sexually abused by another student finds a safe place and as a mentor...



### **The Woman Who Stopped Searching**

She worked through the steps to get to her own freedom - learning to forgive....

## *The Volunteer Who Came for Help Then Stayed to Give*



Karen first came to Love N Grace not as a volunteer, but as someone needing help: trauma, childhood wounds. The kind of pain that makes you wonder if healing is even possible.

But **she discovered that Truth, Identity, Purpose, and Hope** aren't just words on a poster—they're tools that actually work. Tools that rebuilt her life piece by piece until she became whole.

Three weeks ago, she watched a 9-year-old girl—who hadn't smiled in months—light up when she finally understood that she wasn't broken. That she was loved!

Now, Karen **volunteers** every week, planting those same seeds of healing in others. She watches **children learn to manage their emotions, teens gain self-confidence** they never knew they had. She hears adults share how one lesson helped them navigate a family crisis.

*Continued...*

## *When a Robot Learned to Hug*

Alvin was a family man who did everything he could to provide for his children. But inside, **he was hurting. Angry.** Like most men do, he held it inside for years—never opening his arms to hug his kids or show any affection. Homework. Sports practice. Graduation. That's it. His daughter Kayla said it was like living with a robot.

Then one day after school, he randomly gave his daughters a hug. It was awkward but warm. They joked that he must be seeking help because he'd never hugged them like that before.

He was.



Through our Live Life Healed program, you helped Alvin unravel his past and make sense of how it was affecting him today. His parents died when he was young, and he had to become the man of the house at age 9. Bills still had to be paid. Needs had to be met. Siblings had to be cared for. There was no space for emotions and no time for grief.

Many decades passed before he learned that there was space for healing.

**Alvin's transformation became a gateway for his daughter's healing too.**

A couple years later, he handed Kayla a Love N Grace card. Her world flipped. She went from 13 years of depression to joy in just 9 weeks. And their relationship? It went from strangers to friends. **A new legacy began.**

*Continued...*



## The Woman Who Stopped Searching

She came in carrying decades of confusion and crippling anxiety. In her desperate search for healing, she'd turned everywhere—only finding more fear and confusion.

Through compassionate listening and teaching she worked through the steps to freedom—learning to forgive the parent who wounded her, releasing years of resentment toward a sibling, and discovering who she truly is. **The transformation was visible: the anxiety lifted, the physical ache disappeared,** her entire countenance changed.

She's not finished her healing journey yet, but she's free from the severe fear that once controlled her life. And one day, she'll use her story to help others find the same freedom.

## TRUTH | Volunteer Your Time & Talents

Even a few hours a month changes lives. Whether you work with children in schools, teens in our office, adults on Zoom, or serve on committees—your gifts are needed. We'll pair you with experienced volunteers. You don't need to know it all. You just need to show up.

Your presence becomes the listening ear and compassionate heart someone needs.

*Continued...*

## The Girl Who Found Her Voice

Our team was at a training a mother texted: her daughter was ready to share why she'd been suicidal. That evening, this brave student revealed her story. **She had been sexually assaulted** numerous times by another student who threatened her into silence. Although her behavior changed drastically, she stayed quiet about the abuse.



In our Empowered Kids Program, we created a **safe place** for her to reveal small bits of what happened until she found the courage to share the full story.

**Today? She's a star in our student-mentoring-students program,** teaching younger kids about their worth, strength, and hope.

## Your Gift Plants Seeds of Transformation

### IDENTITY | Live Life Healed 1

Is compassionate, Christ-centered teaching for those carrying trauma. A safe place where someone finally forgives, so they can be free. Where they can release years of resentment, and discover their true identity.

Your gift provides sessions that teach... one moment of breakthrough... one journey from trauma to testimony.

### PURPOSE | Live Life Healed 2

Meeting people where they are—helping replace "I'm not enough" with "I'm healing," and "Nothing will change" with "I'm taking steps forward," one conversation at a time.

**Your gift equips someone with tools to renew their thinking and reclaim their life.**

### HOPE | Empowered Kids Programs

In schools and camps, we're reaching 70+ students annually—teaching them their worth and potential. Watching suicidal students become star mentors. Seeing children who've stopped smiling light up with joy again.


Your gift provides curriculum, materials, and a safe space for a child to discover they matter.


## Why You Matter To Them



You know what it's like to care deeply for someone who's hurting—someone carrying invisible wounds from betrayal, neglect, or abuse. That pain doesn't stay buried. It shows up in broken relationships, in bitterness, in the quiet belief that healing isn't possible.

But because of you, Love N Grace exists to change that story.

 You help create a safe, judgment-free space where people can begin to heal. You make it possible for them to be met with compassion, not condemnation. **You give them the chance to speak their truth—**sometimes for the very first time—and to learn practical tools that help them move forward.

**You don't rush them. You don't try to fix them. You simply show up, through your support, and say: "You're not alone."** 



## SEE THE ORCHARD FROM THE SEED

Before Alvin passed away, he handed his daughter a peach pit wrapped in a napkin. **"What do you see?"** he asked.

"A seed," she replied.

"Beyond the tree. What do you see?"

"An orchard," she whispered.

He closed the seed in her hands and said, "You have to see the orchard from the seed."

That's what happens at Love N Grace.

One seed of healing breaks generations of hurt, shame, and hopelessness. A father's freedom gives way to his daughter's own journey. A healed student takes a younger child's hand and teaches them hope. **The harvest multiplies far beyond what we can measure.**

## ♥ LOVE | Legacy Builders – Monthly Partners

Monthly partners are the heartbeat of this ministry. It has been our vision to see everyone receive the care they need without barriers, so that's why there is a no charge policy for our communities. Your consistent support creates pathways to hope for people who thought healing was impossible. You fund the moment when anxiety finally lifts. You fund the night someone sleeps peacefully for the first time in years. You fund the awkward-but-warm first hug between a father and his children.

♥ **Your monthly gift ensures we can say "yes" to everyone who walks through our doors seeking healing.**

### *3 Ways to Give*

1. Scan the QR code below for instant online giving
2. Mail your gift in the enclosed envelope
3. Contact us to discuss opportunities



*Contact me anytime.*

*Debbie Conley, Executive Director*

*231-736-3564; deb@LoveNGrace.org*

# Planting Opportunities

*Because here's what we know to be true:*

*Every person deserves to know they are important. They are special. They are deeply loved.*

*Somewhere right now, there's someone who needs exactly what you have to offer—whether it's your resources, your time, or your compassion. The breakthrough moment is already forming, like a seed in darkness, waiting for the right conditions to grow.*

***This is our harvest season and you are part of this story of healing.***

*With great gratitude - **The Love N Grace Team***

## ♥ **Monthly Partnership**

- ☐ \$46/month - Partners with others
- ☐ \$75/month - Empowers one student
- ☐ \$100/month - Funds resilience training
- ☐ \$182/month - Provides sessions monthly
- ☐ Other: \$\_\_\_\_\_

## **Single Seed**

- ☐ \$600 - Full healing program for one person
- ☐ \$900 - Entire groups of Empowered Kids
- ☐ \$1,200 - Complete resilience training journey
- ☐ \$2,188 - Family healing across generations
- ☐ Other: \$\_\_\_\_\_

## **Give Your Time**

- ☐ I want to volunteer my time and talents!
- ☐ Share with someone who may need care.



**LOVE N GRACE**  
Healing Centers

2735 E Apple Ave., Ste C,  
Muskegon, MI 49442  
231-767-3403  
[www.LoveNGrace.org](http://www.LoveNGrace.org)  
[www.EmpKids.org](http://www.EmpKids.org)