

WELCOME TO OUR *Harvest of Healing* Newsletter

Dear Friend,

What if healing grows the same way a garden does—one seed at a time?
Right now, someone nearby carries pain they've never shared.
A child who's forgotten how to smile. A parent who feels
unseen. A young person afraid to speak their truth.
Because of you, healing is taking root.

Through Love N Grace Healing Centers, your generosity is helping
adults and children learn to cope with life's hurts and rediscover hope.
You're turning "I'm broken" into "I'm healing."

As we begin our Harvest of Healing building expansion, we invite you to keep planting
with us. Every donation and volunteer hour helps us reach more people who need a
safe space to grow and heal.

*Together, we're cultivating transformation—
one seed of love at a time. Grateful for you!*

Stories from this Year's Harvest



Masterpiece - Cathy

Cathy's sketches show
the progression from
pain to purpose.

Follow her story on our
YouTube Channel
@LoveNGrace4707



A Man Recalls His Childhood

Travis, 42, opened up
about his upbringing.
He was often
abandoned by his
mom who would
leave him for alcohol
and a new boyfriend.

New Year New Her



Marisa's little sister had a
hard time staying out of
trouble. It seemed like every
day she was getting called
to the principal's office.

However, since joining the
Empowered Kids Program,
Marisa noticed that her
sister hadn't been getting
into trouble. Even the
teachers noticed the impact
that the program was
having on her and several
other students.

IDENTITY | PURPOSE | HOPE LOVE | TRUTH

**Every seed planted
creates a harvest of hope.
You can sow transformation
today:**

1. Scan the QR code to plant your seed instantly
2. Mail your gift in the enclosed envelope



Monthly Partnership 🧡 or a Single Seed

- ☐ \$50/month 🧡 – Plant seeds alongside others
- ☐ \$75/month 🧡 – Nurture one student's growth
- ☐ \$600 – Cultivate healing for one person
- ☐ \$900 – Grow an entire garden
- ☐ \$_____ – You choose the seed amount

Give Your Time

- ☐ Volunteer your time and talents—help us cultivate healing together

Because of your generosity, healing is free for every person who walks through our doors. You remove every barrier between pain and hope.

3 Students Let Loose

On a typical Tuesday, Mary and LindaSue, two Empowered Kids Encouragers, held a discussion around stress. “What is stress?” “What are some examples of good stress and bad stress?” They would ask students.

Their questions led to the three girls opening up about their individual struggles with stress. One girl shared about her abusive father. Another talked about her grandpa who’d recently passed away.

As the stories were told, tears began to flow from one student to the next. They had been carrying so much pain and had no one to share their stories with. Recognizing the moment and the need to just be still, Mary and LindaSue sat with the girls knee-to-knee and allowed them to cry, share, and simply be.

This is the importance of holding space for others. We never know what they're carrying. Your gift plants seeds of healing that will grow long after you give. Will you cultivate transformation with us today?



This story is about the impact the Empowered Kids Program had on students